



UPSON 4-H NEWS

October/November 2023



Upson County Extension/4-H - 305 S. Hightower Street, Suite 170 - Thomaston, GA 30286 - 706-647-8989

4-H No-Carve Pumpkin Contest

RULES:

- No carving or puncturing of the pumpkins
- Punctured pumpkins will be trashed immediately
 - No vulgar language or decorations
 - No political or religious affiliations
- Be as creative as possible and have fun



Deadline to enter is October 24th

Prizes will be awarded!

Call 706-647-8989 for more information.

4-H AFTER SCHOOL MEETINGS

Cloverleaf Club (4th-6th grade)

Oct. 11th & Nov. 1st, 3:30-4:45pm at the 4-H office.
Ms. Kekee has tons of fun activities planned!
Invite a friend & come to the 4-H Office to participate.

Cloverbud Club (K-3rd grade)

Oct. 18th & Nov. 15th, 3:30-4:45pm at the 4-H office.
Ms. Kekee has exciting activities to keep your Cloverbud learning in a fun environment!

Middle/Highschool Club (7th-12 grade)

Oct. 25th & Nov. 29th, 3:30-4:45pm at the 4-H office.
Ms. Kekee will be teaching **Adulting 101!**

*U-L school pick up is available upon request.

**You must call & RSVP for these meetings.

Good Luck to our 2023 4-H Cotton Boll & Consumer Judging Team!



Our team will be competing in Perry, GA on November 8th.

4-H Peanutrition Contest

November 14, 2023 (3:30-5:30)

- Participants will submit a favorite peanut snack recipe.
- You must bring pre-made samples for judges to taste.
- Recipes will be judged on nutrition, appeal, creativity, recipe presentation, recipe content, and taste.
- The recipe must include peanuts (any kind: raw, roasted, salted, dry roasted, chopped or ground), peanut butter, or other peanut products (candy, etc.).

Open to 4th - 12th Graders

Recipe cards are available on our website or in the office.

305 S. Hightower St. Suite 170

You **MUST** call to sign up, as space is limited!

706-647-8989

monthly cooking class

National Vanilla Cupcake Day

November 10th, 3:30 - 6:00 PM

Grades 4-12



*U-L school pick-up available upon request.

Registration opens Oct. 27th - 706-647-8989

UPSON 4-H BB TEAM

\$50
Membership Fee
Due 11/13

Registration and information night will be
November 6th (6pm) at the 4-H Office.
305 S. Hightower St. Suite 170.

BB Team is open to all 4th - 9th graders.

If you are interested in learning shooter safety and shooting accuracy, talk to your parents about signing up for the 4-H S.A.F.E. BB Team.

There are only 15 spots available.

Call for more info 706-647-8989.

REGISTRATION IS NOW OPEN FOR FALL FORUM 2023

Rock Eagle
Dec. 9-10
\$95



Open to
9th-12th
graders.

****RSVP & registration for all activities opens October 27th.****

"There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do."
-Derek Jeter






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October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 CBCJ Practice	4	5 CBCJ Practice	6	7
8 Fall Break	9 STEM 	10 STEM	11 Cooking Class Cloverleaf Club	12 STEM CBCJ Practice	13 4-H Day at the GA National Fair	14
15	16	17 CBCJ Practice	18 Cloverbud Club	19 CBCJ Practice Homeschool Club	20 4-H Booth at Mule Days Fall Festival	21
22	23	24 CBCJ Practice No-Carve Pumpkins Due	25 Pecan Orders Due Adulting 101	26 CBCJ Practice	27 Fall Party & movie 	28
29	30	31 Happy Halloween 				





November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Cloverleaf Club	2 CBCJ Practice	3	4
5	6 BB Info & Registration Night	7 CBCJ Practice	8 CBCJ Competition in Perry, GA	9	10 Cooking Class 	11
12	13 BB Safety Meeting & \$50 BB Fees Due	14 Peanutrition Contest 	15 Cloverbud Club	16 Homeschool Club	17	18
19 Thanksgiving Break	20	21	22	23 	24	25
26	27 BB Practice	28	29 Adulting 101	30		

****Registration for all activities opens October 27th. 706-647-8989****

I pledge —————
my *head* to clearer thinking,
my *heart* to greater loyalty,
my *hands* to larger service,
my *health* to better living,
for my club, my community,
my county, and my world.

Want to join the fun?
Call our office to sign up for FREE!
706-647-8989

-  <https://t.uga.edu/9o0>
-  facebook.com/UpsonCounty4H
-  instagram.com/UpsonCounty4H
-  <https://shorturl.at/loILN>

Scan the QR code to become a volunteer.

