



# **Douglas County**

Douglas County Extension supports and encourages local food production, home gardens, community gardens and local farms. The Extension staff shared the benefits of home gardening- fresh produce, good exercise and positive mental health- developing and giving away 1,000 vegetable garden gift bags to local citizens. Bags were distributed through the local pantries, libraries, senior centers and farmers market. The recipients of the bags expressed gratitude for the information on basic gardening and composting. The live vegetable plants included in the bags generated enthusiasm and a desire to start a home garden by recipients. The local Extension staff's hope is that one of the gift bag recipients may become the next fresh produce vendor at the local farmers market.

extension.uga.edu/Douglas

### A healthy Georgia is a better Georgia.

University of Georgia Cooperative Extension offers programming focused on mental health, financial well-being, nutrition and everything in between. UGA Extension had 1,808,305 face-toface contacts in 2023. Of these, 170,771 contacts addressed health and wellness topics., including rural and farm stress.

Extension is committed to helping rural Georgia farmers and families thrive. UGA Extension provides physical and mental health resources to keep rural Georgia growing stronger, especially when times are tough. Our new Behavioral Health Team provides fact sheets, trainings and a weekly blog—all to help Georgia individuals and families thrive.

# Growing cities.

UGA Extension helps urban gardeners develop school gardens, community gardens and urban farms to benefit their communities. Extension works with educators to create sustainable outdoor classrooms that function as successful teaching tools. Community gardeners are supported in growing healthy food crops in small spaces while urban farmers are encouraged to apply the latest agricultural research to grow their businesses.

## Committed to Georgia's youth.

Georgia's 4-H enrolled 173,505 youths across the state during the 2022-23 school year. County economic output: 66.782.580

County farm gate value: **\$7,923,588** 

County jobs in agriculture: **705** 

Top commodities:

#### Turf Grass, Honey Bees, Horses-Board, Trained, Breed

2024 Ag Snapshots UGA Center for Agribusiness and Economic Development





# Get the facts.

UGA Extension publications are the go-to source for unbiased, research-based information in the state of Georgia.





# *2024 FAST FACTS*

UGA Extension translates the science of everyday living for families, farmers and communities to foster a healthy and prosperous Georgia.

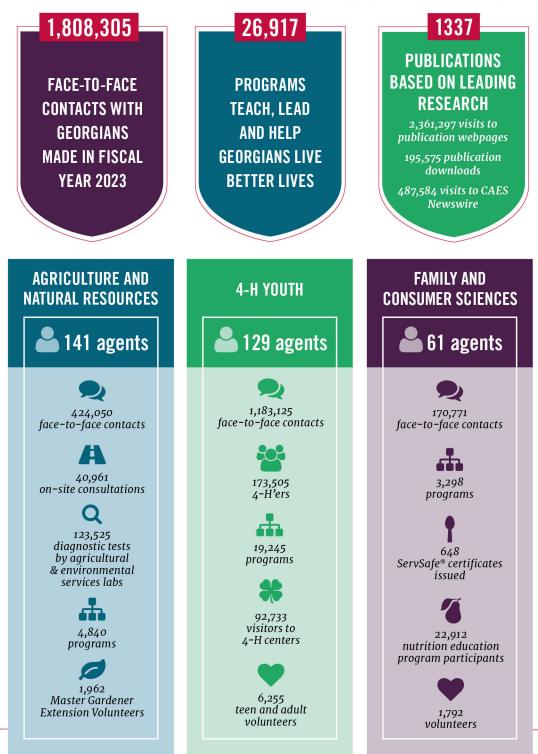
**331** agents across 159 counties ASSISTED BY **10,009** trained volunteers







Working in local communities for a better Georgia from the ground up



All data from FY2023

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