



# **Cobb County**

University of Georgia, University of Nebraska–Lincoln and Penn State University 4–H professionals, including the Cobb 4–H Agent, collaborated to write an interactive curriculum called Adulting 101: Grab & Go Lessons. Adulting 101 is an educational series for teens that teaches youth valuable life skills that are often not taught in the classroom. The life skills of primary focus in the curriculum are cooking skills, automobile maintenance, housekeeping skills, relationship development and other necessary life skills to aid youth in adulthood. The UGA team hosted an Adulting 101 Grab & Go summer day session to pilot the tri-state team's curriculum. The pilot program will be shared statewide for use throughout Georgia 4–H in 2024.

extension.uga.edu/Cobb

### A healthy Georgia is a better Georgia.

University of Georgia Cooperative Extension offers programming focused on mental health, financial well-being, nutrition and everything in between. UGA Extension had 1,808,305 face-toface contacts in 2023. Of these, 170,771 contacts addressed health and wellness topics., including rural and farm stress.

Extension is committed to helping rural Georgia farmers and families thrive. UGA Extension provides physical and mental health resources to keep rural Georgia growing stronger, especially when times are tough. Our new Behavioral Health Team provides fact sheets, trainings and a weekly blog—all to help Georgia individuals and families thrive.

# Growing cities.

UGA Extension helps urban gardeners develop school gardens, community gardens and urban farms to benefit their communities. Extension works with educators to create sustainable outdoor classrooms that function as successful teaching tools. Community gardeners are supported in growing healthy food crops in small spaces while urban farmers are encouraged to apply the latest agricultural research to grow their businesses.

## Committed to Georgia's youth.

Georgia's 4-H enrolled 173,505 youths across the state during the 2022-23 school year. County economic output: \$1,372,224,598

County farm gate value: **\$10,049,685** 

County jobs in agriculture: **6,710** 

Top commodities:

#### Greenhouse, Horses-Board, Train, Feed, Field Nursery

2024 Ag Snapshots UGA Center for Agribusiness and Economic Development





# Get the facts.

UGA Extension publications are the go-to source for unbiased, research-based information in the state of Georgia.





# *2024 FAST FACTS*

UGA Extension translates the science of everyday living for families, farmers and communities to foster a healthy and prosperous Georgia.

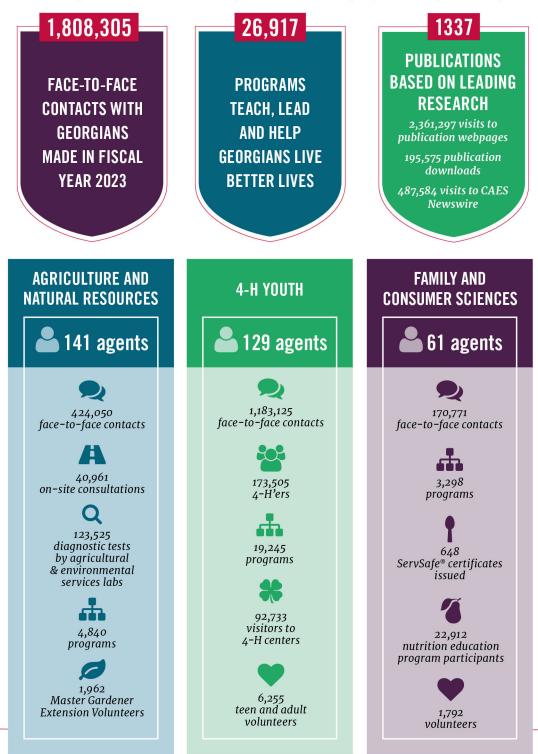
**331** agents across 159 counties ASSISTED BY **10,009** trained volunteers







Working in local communities for a better Georgia from the ground up



All data from FY2023

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