



## TRY NEW RECIPES

Attend our series called Food Talk and taste healthy recipes at every session free of charge.



## SAVE MONEY

Learn how to stretch your food dollars and make quick, tasty meals for your family.



## BE FOOD SAFE

Find out how to clean, separate, cook, and chill foods to feed your family safe meals.



## BECOME AN EFNEP GRAD

Participate in 8 week Food Talk sessions and receive a University of Georgia certificate & our Meals in Minutes recipe book!

## PARTNER WITH US!



#WeAreEFNEP



UNIVERSITY OF GEORGIA  
EXTENSION

[ugaefnep.org](http://ugaefnep.org)

Connect with us on social media and visit [www.ugaefnep.org](http://www.ugaefnep.org) for information on how you can partner with UGA EFNEP to help families in Georgia eat better for less!