

Storing Water For Emergencies

How Much Do I Need?



**At least
one gallon
per person
per day**

This is an estimate – everyone's needs will differ, depending upon age, physical condition, activity, diet and climate. A normally active person needs to drink at least two quarts of water each day. Hot environments can double that amount. Children, nursing mothers and ill people will need more. You can minimize the amount of water your body needs by reducing activity and staying cool. You will need additional water for food preparation and hygiene, and don't forget your pets!

Storage Containers

- Store water in clean, food-safe containers made of plastic, glass, or food-safe metal.
- Do not use containers that have ever been used for chemical storage.
- Large containers will be very heavy when full – consider limiting the size to 2 gallons or less for ease of use.



Carla Schwan, Ph.D.
Kris Ingmundson, M.P.H.

Learn more by visiting
<https://www.fcs.uga.edu/extension/preparing-an-emergency-food-supply-short-term-food-storage>



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