

## ***Peach Trifle***

1 Pound cake, cut into cubed pieces  
6 peaches, diced (about 4 cups)  
2 cups blueberries

Cream cheese mixture:

4 ounces 1/3 less fat cream cheese, softened  
2 cups chilled light cool whip  
1 ½ tablespoons granulated sugar  
1 teaspoon vanilla

Directions:

1. Combine cream cheese mixture and mix well.
2. Use trifle bowl and/or large glass bowl, layer pound cake, fruit, and cream cheese topping. Repeat until your dish has been filled and top with the remaining cream cheese mixture. Decorate the top with remaining peaches and blueberries.

Serves 12

Nutrient Analysis, per serving: 116 calories, 18g. carbohydrate, 2g. protein, 5g. fat, 37mg. sodium