

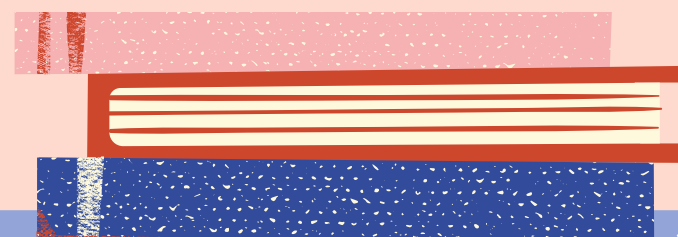
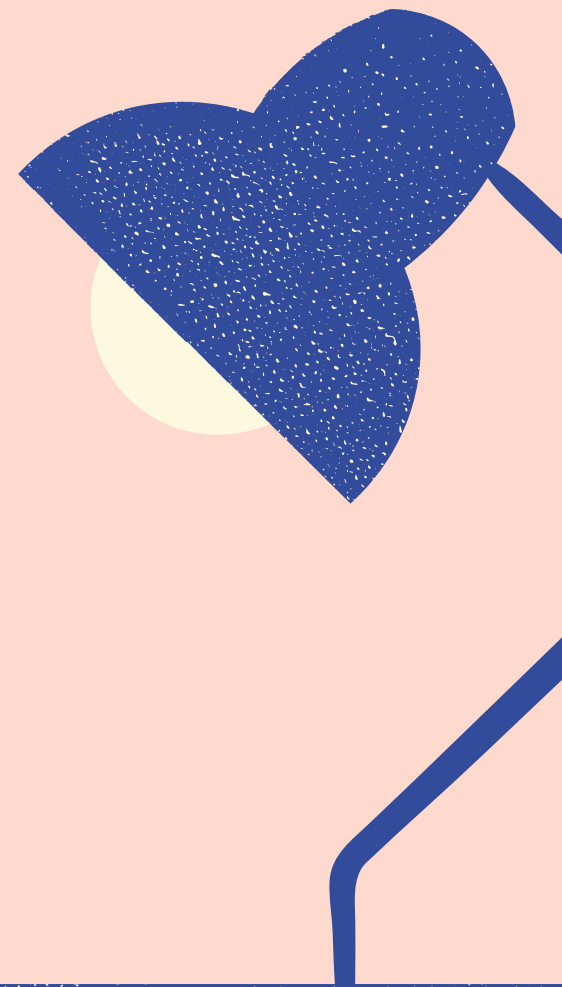
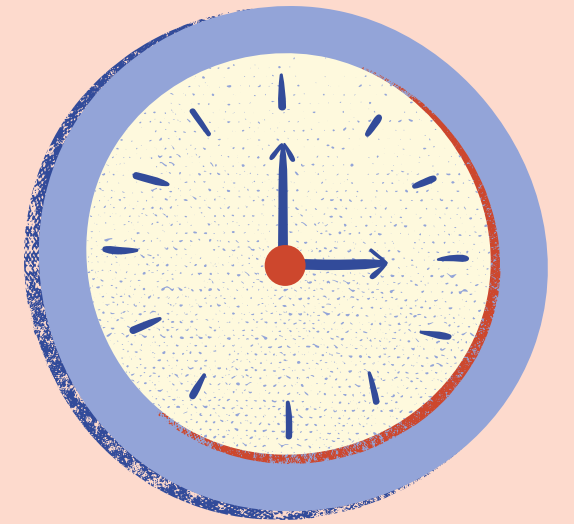
# Kick the Fear

HENRY COUNTY 4-H



# Public Speaking

How does it make you feel?





Highest ranked among  
most common fears

- ✓ \_\_\_\_\_
- ✓ \_\_\_\_\_
- ✓ \_\_\_\_\_






Public speaking





# ## Project Achievement

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-  Develop written and oral communication
  -  Learn presentation skills
  -  Share about the things that interest you
  -  Most importantly, overcome your fear of public speaking
- 

# What will you need to do??

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**Choose a topic**



**Research your topic**

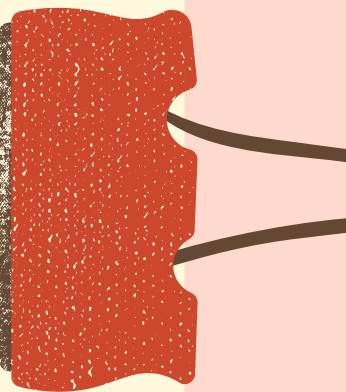
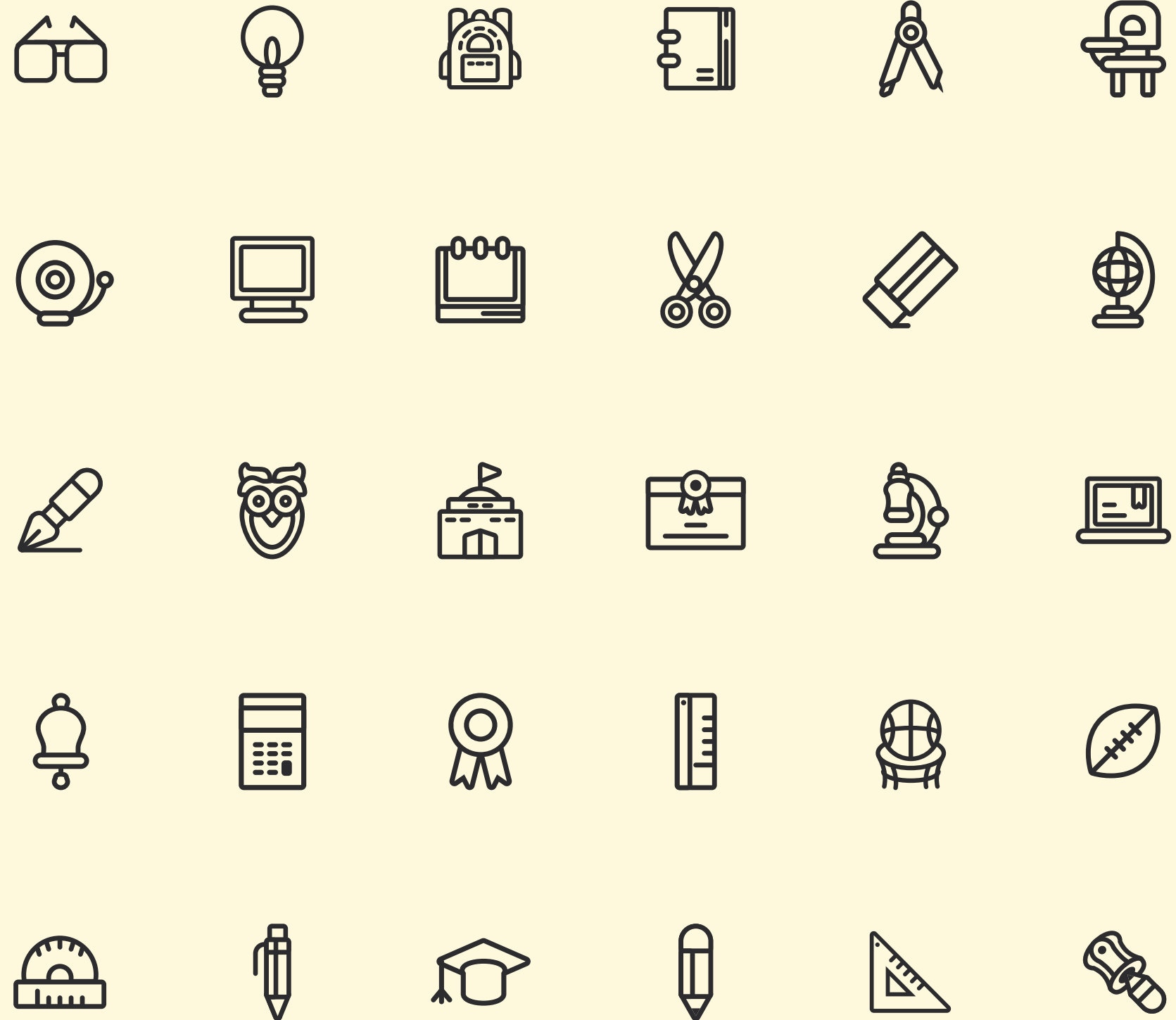


**Write your speech and  
create your visual aids**



# Step 1:

Choosing a Category/Topic



## Choose a Category/Topic:

- What interest you?
- Categories Range from:
  - Engineering, Performing Arts, Sports, Cooking, General Science, Wildlife, and so much more



*There is something for everyone!!*

# Step 2:

Planning Your Speech  
Your speech will be between 4 - 5  
minutes





# Where do you go?

You will need AT LEAST 3 different resources



Library

Books, Magazines, Newspapers



Interview an Expert



Internet



Visit a Museum

# Step 3:

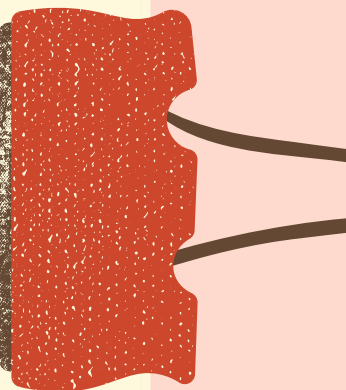
## Organizing Your Speech

Your speech will have 3 parts:

Introduction

Body

Conclusion





# Introduction

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Make sure to introduce yourself



Attention - Getter: Like a catch title

Keep it short but interesting

Facts that will pull people in  
Crazy facts, believe it or not statement,  
quotes





## Body

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Main details of your speech

Make sure to have subtopics to give your speech direction

Keep ideas in a logical order

Always use your own words (DON'T copy anyone else work)

Make it fun and keep it interesting



# Conclusion

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Keep it short

Restate the main points discussed in the body

Sum it all up

Leave your audience with a good note



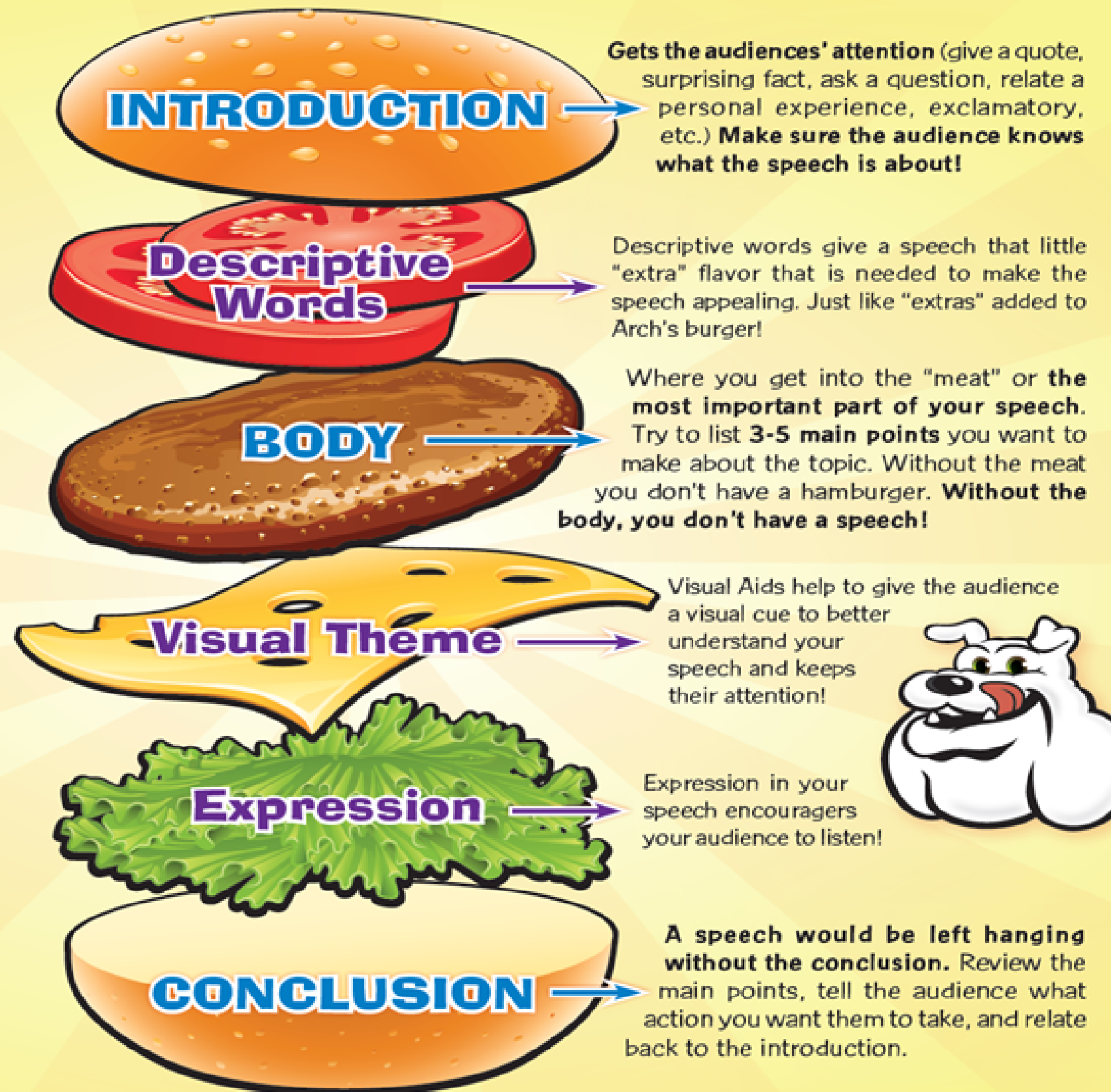


*Think of your speech like this:*



## Arch's Build a Speech Activity:

Now that you've picked your project, you are ready to put together your presentation. Arch the Dawg loves a good burger with lots of extras added, so follow his recipe to build your speech. Whether your presentation is for Cloverleaf Project Achievement or District Project Achievement or for a school project, this is all you need!



Acknowledgements:

Teaching 4-H Demonstrations and Talks from Georgia 4-H English Language Arts Curriculum



# Step 4:

Creating Your Visual Aids



# What is a visual aid?

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Posters



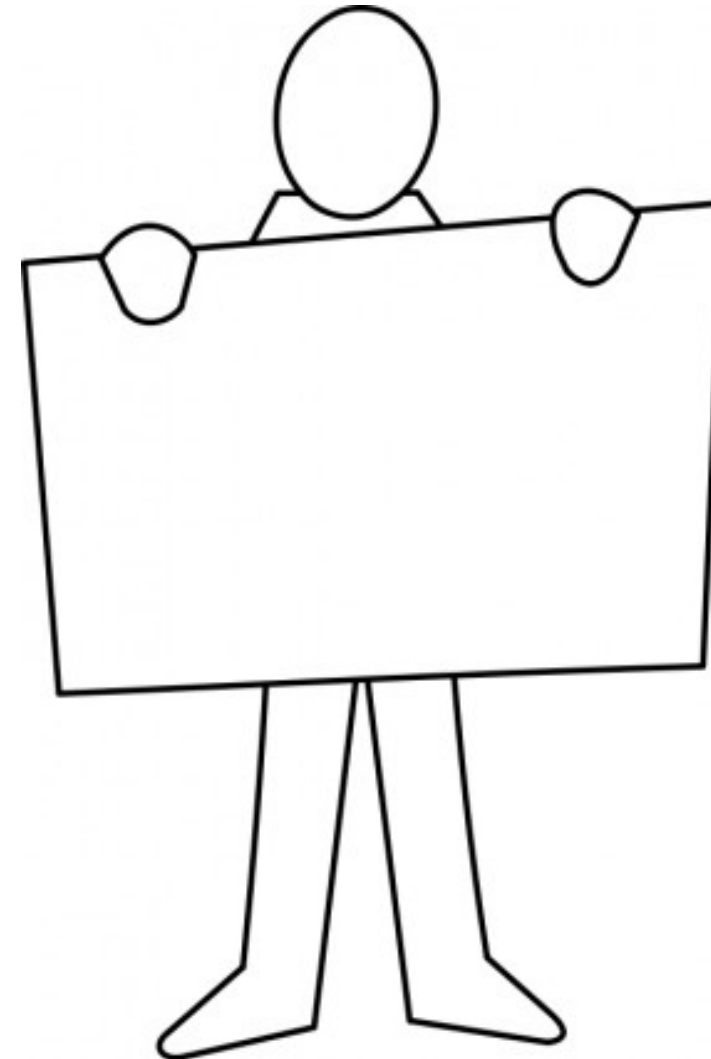
Uniform or outfit

Must be school appropriate



Objects

Must be school appropriate



# Parts of your Posters

You will have 3 - 5 posters minimum.

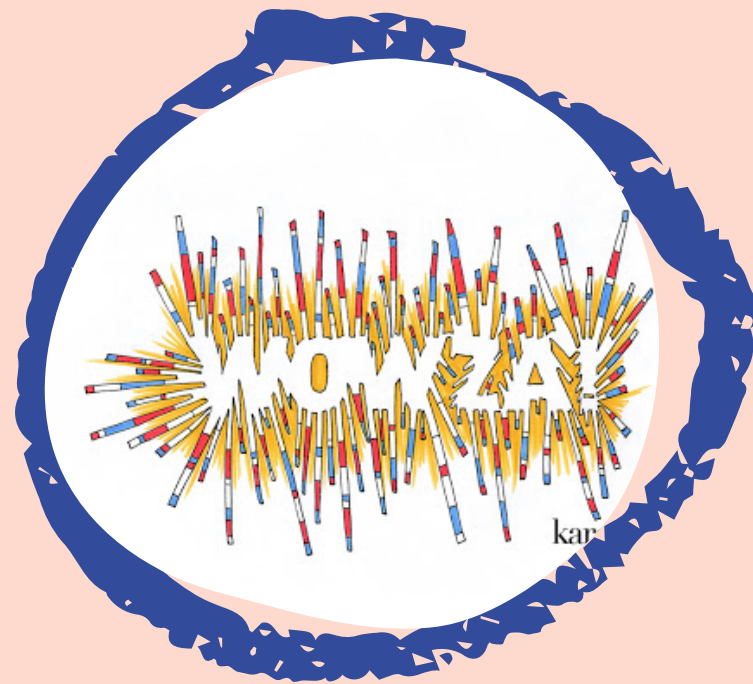
2 - 3 of those posters will be your body posters.

Your posters should go along with your speech and support what you want people to know



Title Poster -  
1st Poster

This will go with the intro to your speech



Body Poster -  
2nd through 4th posters

These posters will go with the body of your speech



Conclusion Poster -  
Can be your title poster

This will be up during the conclusion of your speech



## *Introduction Poster*

---

Will be your title poster

Should catch the audiences attention

Try to have a creative and catchy title

Make it fun!



# Body Posters

## Remember you should have 2-3 body posters

These posters should support what you discuss in your speech

Only use key words - don't use long sentences

Keeping wording to a minimum on the posters

Have pictures that support your speech to help people see what you are talking about

Make sure not to use too many

Make sure they are big enough for people to see

You can draw pictures, print them from online, or cut from magazines

DO NOT put your whole speech on your poster

Make sure words are large enough for people to read

Keep it clean and neat

Be Creative!!





*Let's Cut a  
Rug*

# Conclusion Poster

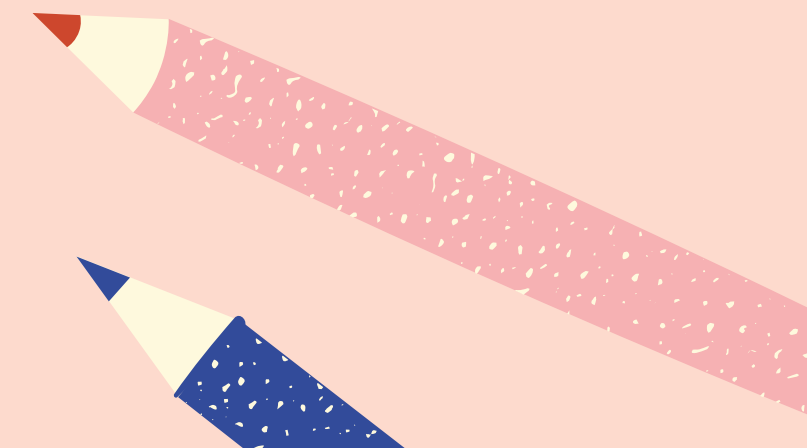
**Remember this can be your intro poster again. You don't have to create a new poster.**

Sum it all up

Remind the audience of the important parts of your speech

Leave the audience on a good note

Make it fun!








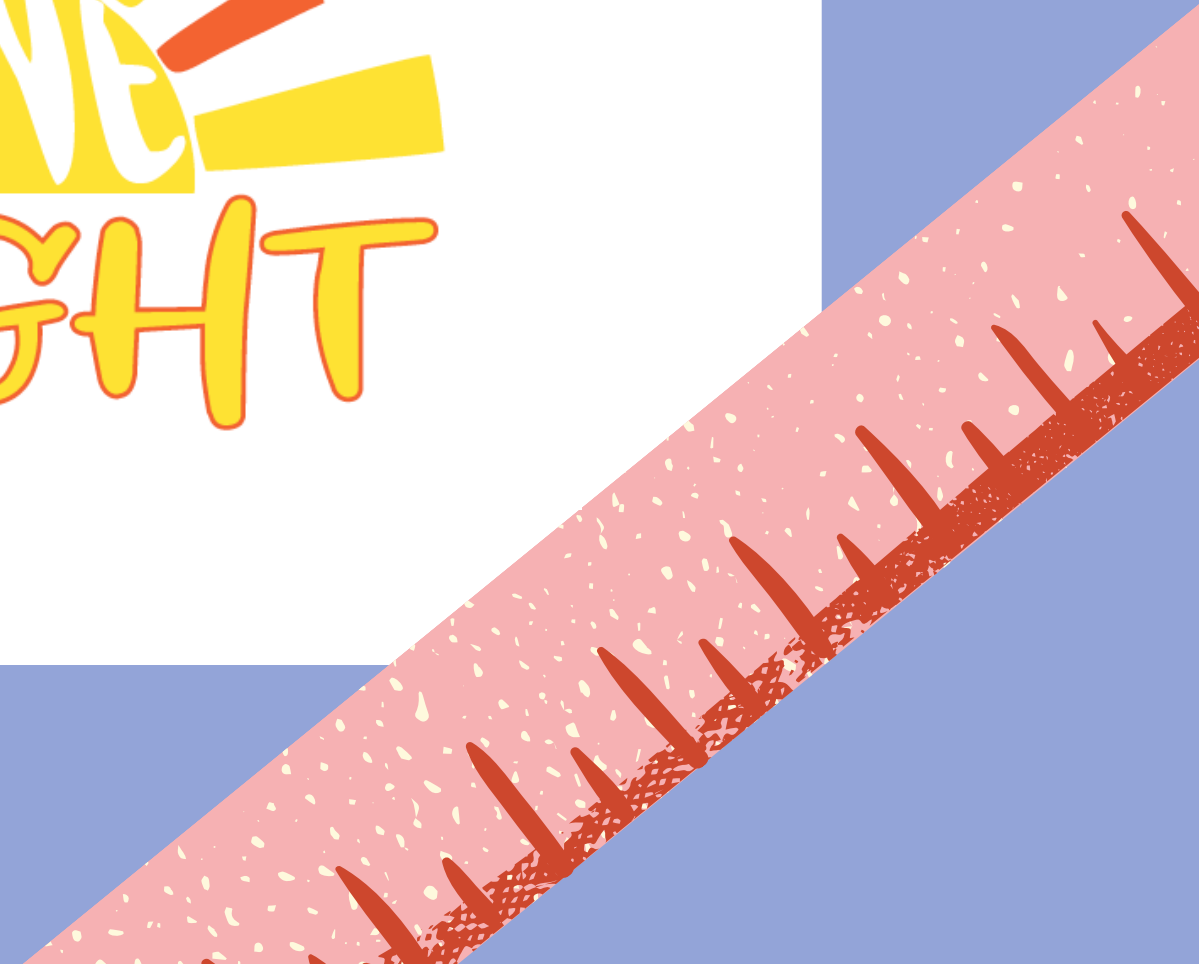




# Poster Tips

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-  Use Poster Board
-  Don't roll your posters
-  Keep your posters flat
-  Use more pictures than words
-  Make them fun and creative!



# Example Posters

Introduction Poster



IT IS

YOUR



BEESWAX

# Example Posters

## Body Posters



QUEEN



DRONE



WORKER





# Example Posters

## Conclusion Posters



IT IS

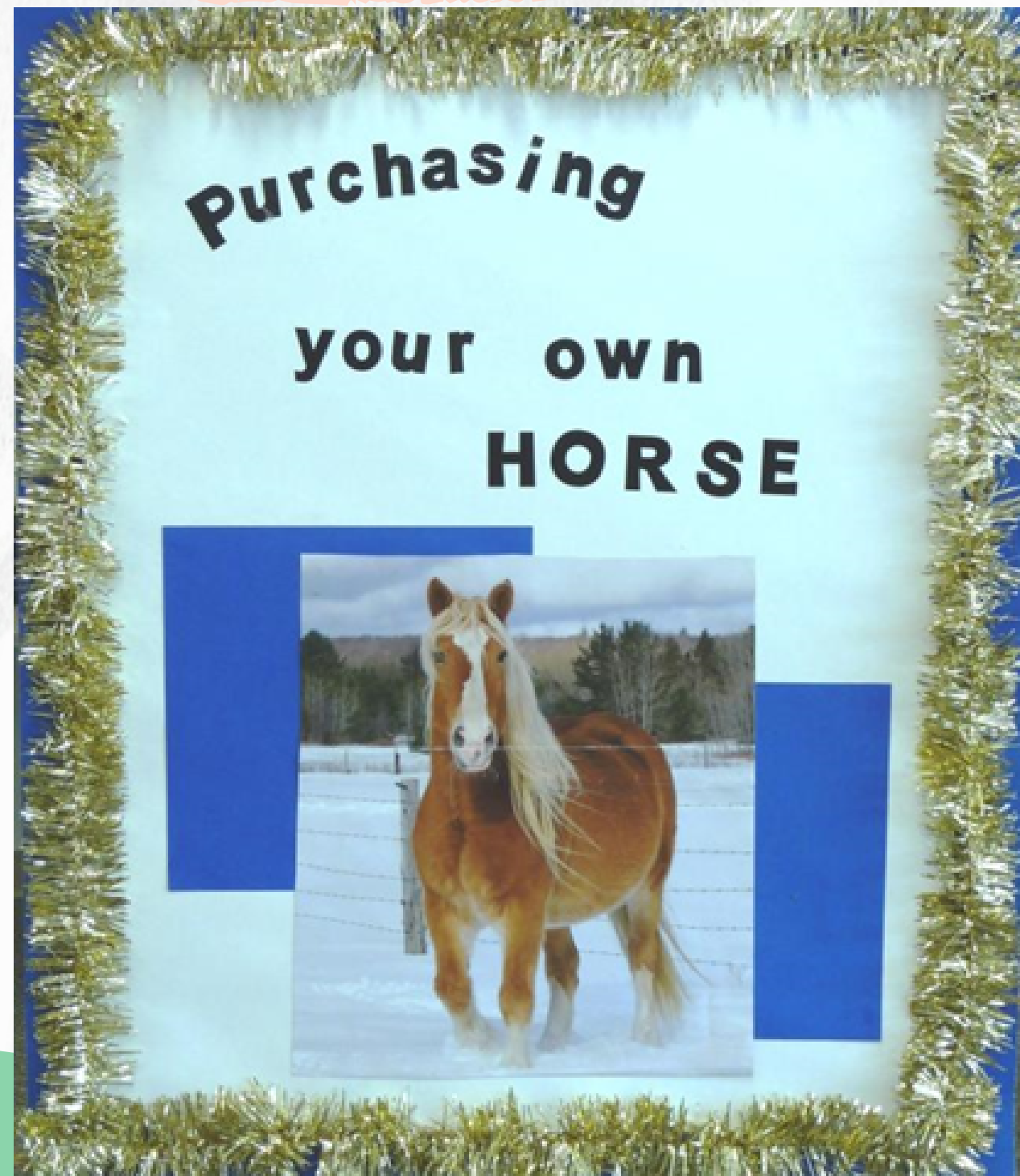
YOUR



BEESWAX

# Example Posters

## Introduction Poster





# Example Posters

## Body Posters

**GOALS**

4-H  
FIRST  
PLACE

**BUDGET**

**TIME**

**EXPERIENCE**

This poster is titled "GOALS" and is framed in blue. It features a blue 4-H ribbon with a gold star and the text "4-H FIRST PLACE". To the right is a photograph of a person in a cowboy hat riding a brown horse. Below the ribbon is a pink graphic element. To the right of the pink graphic is a calendar grid. Below the calendar is a ten-dollar bill. At the bottom, the word "EXPERIENCE" is written in a white box.

**DURING**

**YOUR**

**VISIT**

This poster is titled "DURING YOUR VISIT" and is framed in blue. It features three photographs: a brown horse standing in a blue frame, a person in a cowboy hat standing next to a dark horse, and a person riding a brown horse in a blue frame. At the bottom, there is a pink graphic of a horse trailer and a silhouette of a horse.



# Example Posters

## Conclusion Posters





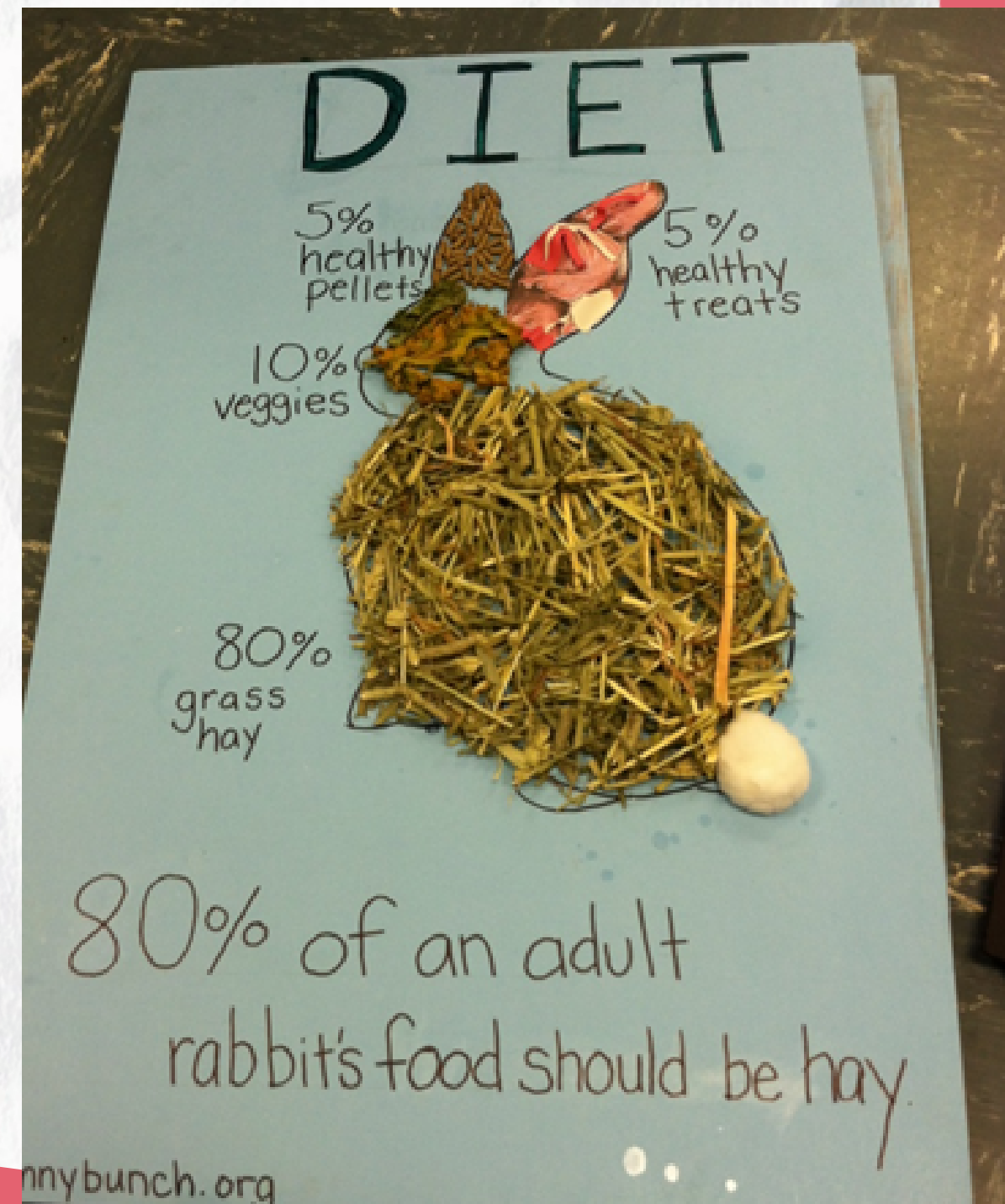
# Example Posters

## Introduction Poster



# Example Posters

## Body Posters





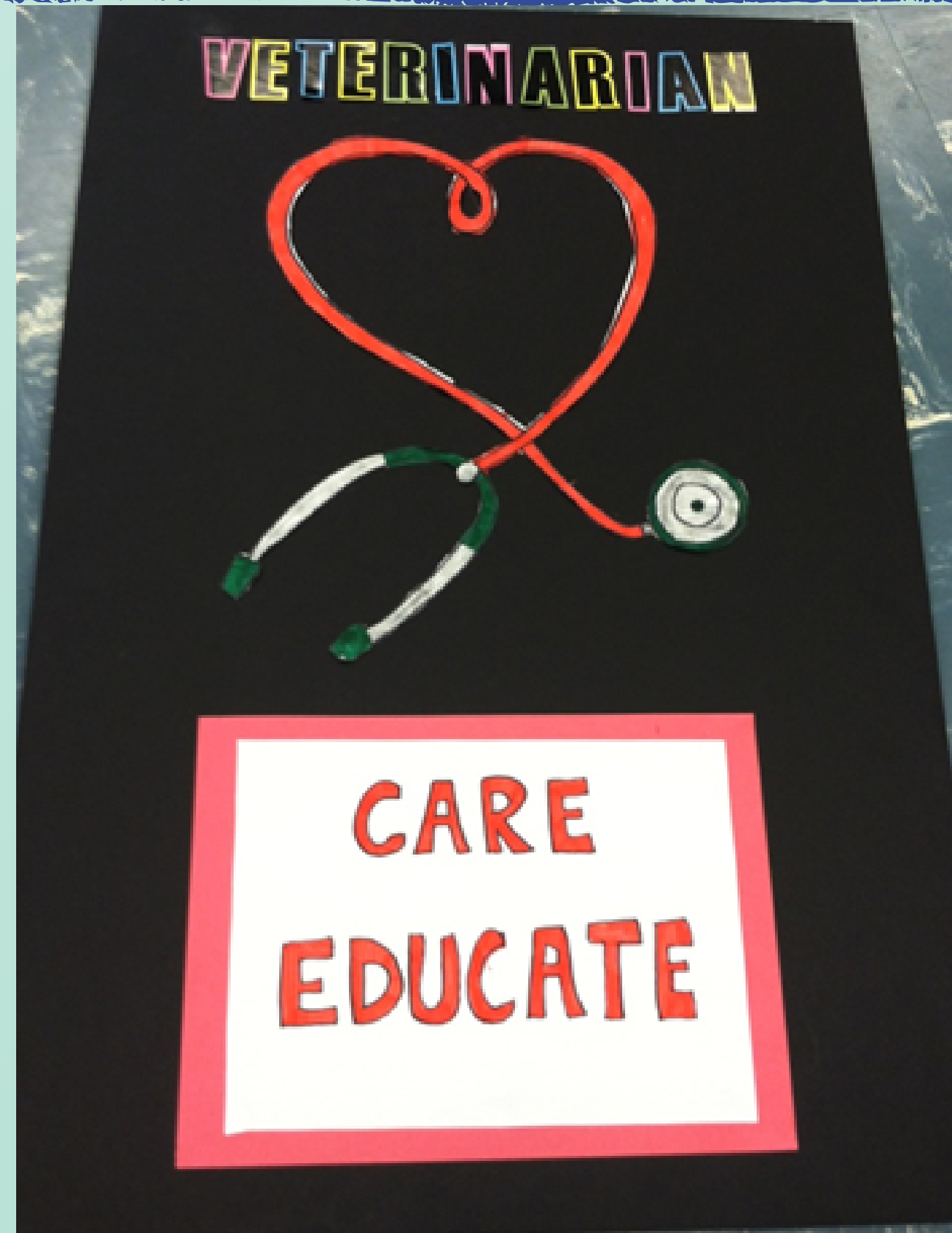
# Example Posters

## Conclusion Posters



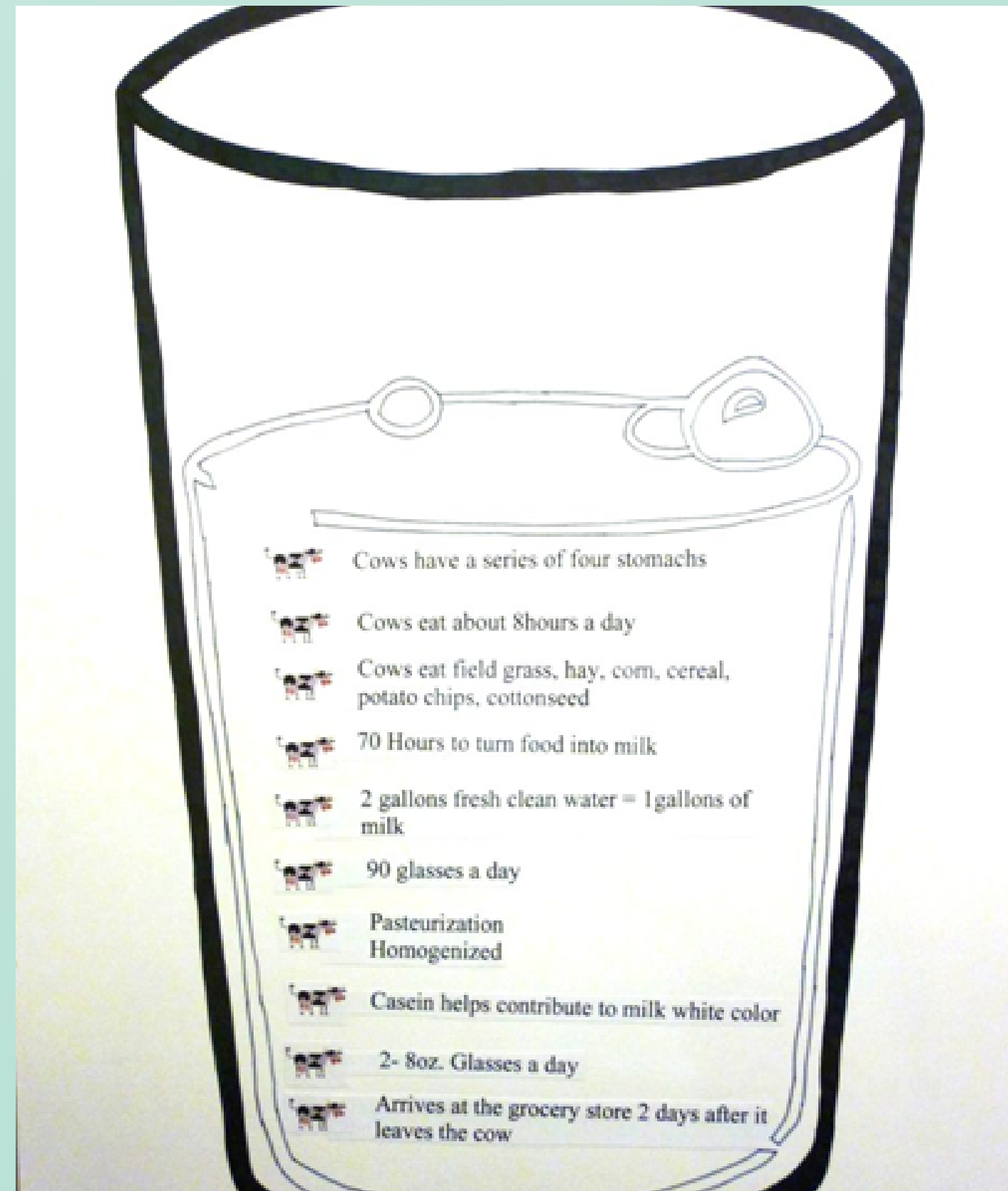


What could be improved?



Poster 1

# What could be improved?



Poster 2

# What could be improved?



Poster 3

# Other visual options

Please make sure all visual aids are school appropriate



Uniform or Outfit

Examples:  
Sports wear  
Veterinary



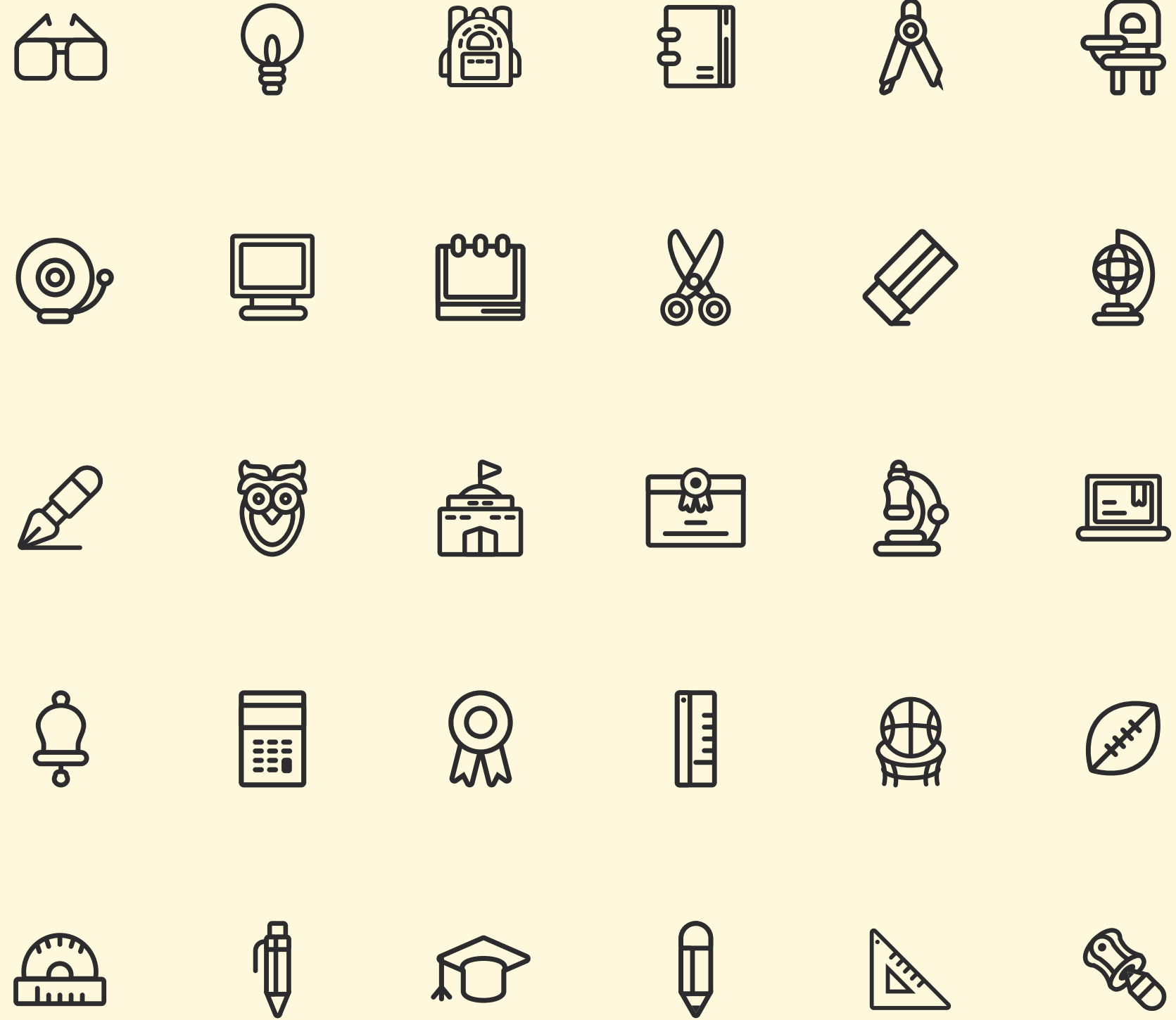
Objects

Examples:  
Sports Equipment  
Medical Equipment



# Step 5:

Delivering Your Speech





# Helpful Tips

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## Note Cards

Use note cards with key words, helpful phrases, and important facts to help you through your speech.

## Eye Contact

Look around the room at your audience. Make sure to stay facing the audience and speak in a clear loud voice.

## Use Posters

Refer to your posters throughout your speech. Don't just read off them or look at them the whole time





# Example Note Card

1776 by David McCullough

Main points

A. Britain

1. Bunker Hill, June 17, 1775

B. American independence

1. Declaration by Jefferson

C. Battle of Trenton, Dec. 26, 1776

1. Defeat Hessians

2. First U.S. victory



Speech should be 4 - 5  
Minutes

Practice,  
Practice,  
Practice

Practice with family,  
friends, or to yourself



# Lets Reflect

You are on your way to kicking the fear of public speaking!

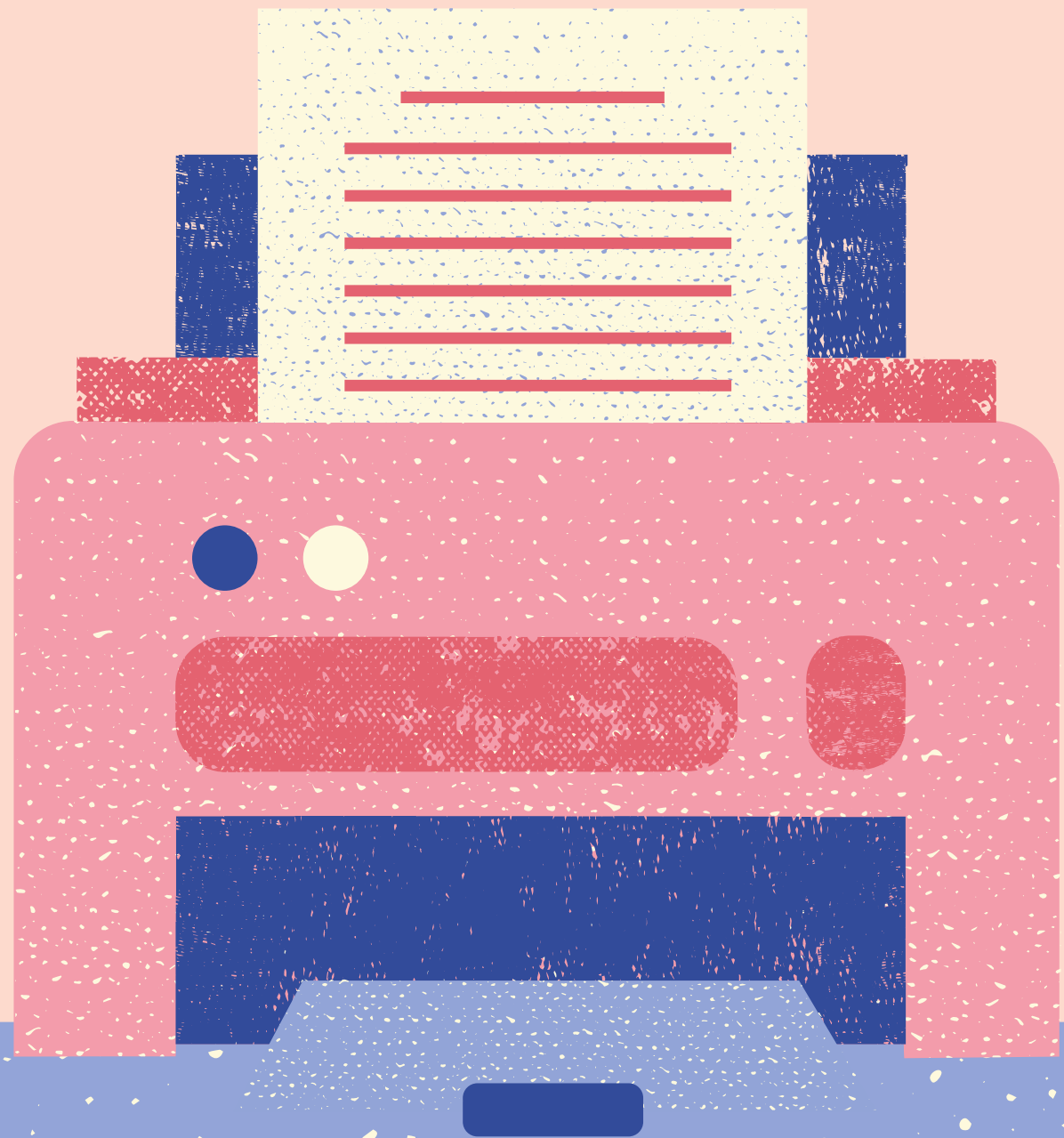
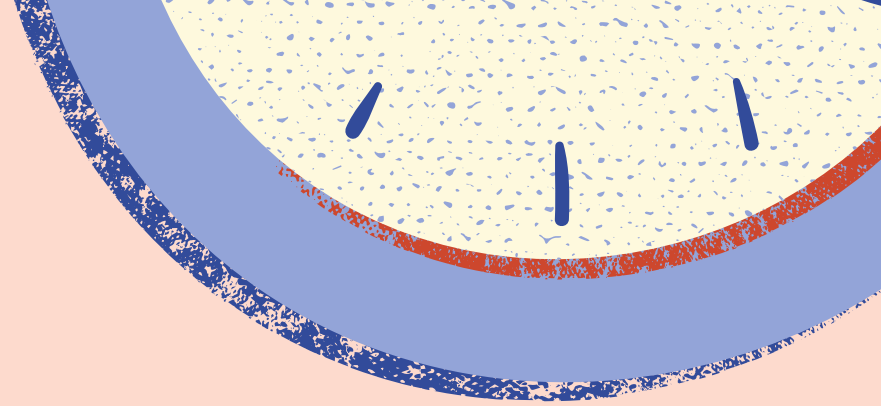
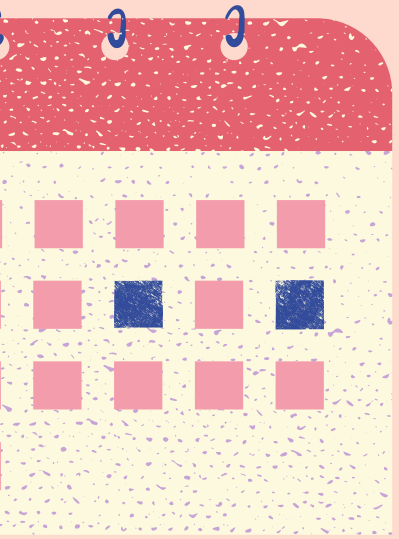
**Find your interest  
Research**

**Write your speech  
Create your posters**

**Practice  
And then practice more**

**Always ask for help when you need it!**





Questions?

