



COBB 4-H

NEWSLETTER

October | 2023

5th Grade

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



National 4-H Week

October 1st-7th is National 4-H Week! Help Cobb 4-H celebrate your love for 4-H by wearing green throughout the week and month of October. Visit the Kennesaw Tractor Supply (3064 Cobb Pkwy NW, Kennesaw, GA 30152) from October 4th- 15th to purchase a \$1 paper clover to support 4-H. Join one of our specialty clubs and most importantly, share some 4-H experiences with others!



Cobb County 4-H Project Achievement Public Speaking Contest

Thursday January 18th at 6:30pm
Dowell Elementary School
2121 West Sandtown Road
Marietta, GA 30064

My leader's name is:

My next meeting date is:

Cobb County Extension Contact Information:

678 South Cobb Drive Suite 200
Marietta, GA 30060

Website: ugaextension.org/cobb
Phone: 770-528-4070

CONTEST DETAILS:

Who: Open to 4th-6th grade students

What: Prepare a 3-5 minute speech with a poster/tri-fold board on any topic of your choice

Place 1st, 2nd, 3rd, or 4th and advance to the district contest and a private movie party at NCG Cinemas on February 10th!

Registration: Pre-register by Monday January 15th.

- Register by submitting the digital registration form using the QR Code.
- Point your smart phone's camera towards the QR Code.
- A website address will appear next to the image of the QR Code.
- Click on that website and you will be directed to the registration form.
- Complete the information on the registration form.



<http://tiny.cc/4HCPA2023>



Peanutrition Contest

Did you know Georgia produces more than half of the nation's peanut crop? Nutty! To recognize the peanut, we're having a "PeaNutrition" contest. What could be butter? Submit a recipe for a peanut butter sandwich at your November 4-H meeting to enter the county contest. The recipe should list the ingredients, as well as directions for assembling the sandwich. Any recipe with inedible items will be disqualified. Entries should be on 8 ½" x 11" paper. Recipes will be judged on: nutrition, creativity, recipe directions, appeal and appropriateness for category. Winners will be selected in the categories as follows:

- One overall winner
- Most Creative
- Most Nutritious
- Most Unusual

Recipe entries should include your first and last name, school, and homeroom teacher. Turn in recipes at your NOVEMBER 4-H Club meeting. Award winners will be notified and given prizes in January 2024 at their club meetings.

Kroger Rewards

Do you and your family shop at Kroger? Just by doing your regular shopping, you can support our 4-H club! Help Cobb County 4-H raise money for 4-H programming and our specialty clubs by linking your Kroger Plus Card to Cobb 4-H. Follow the easy steps below to support our club today:

- Register online at krogercommunityrewards.com
- If you have an existing Kroger account, log in. If not, register your Kroger rewards card by clicking register.
- Click on Enroll Now
- Search for Cobb County 4-H
- Click enroll and you are done!

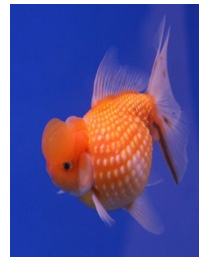
Pop Tabs

Help us support the Georgia Ronald McDonald house with your pop tabs! Store them in a Ziploc bag and bring them to your next 4-H meeting. We collect them all year long!

Science Corner

Which class of animals has the following list of characteristics?

- **Cold Blooded**
- **Lays Eggs**
- **Bodies are covered with dry scales.**



There are nearly 600 different species of carnivorous plants that actually eat insects and small animals.

