



Good evening,

Thank you for your interest in joining our Food Club. My name is Kathie Gilroy I've been a 4-H Program Assistant now for 11 years. I have been the Food Challenge coach for 4 years now. Dakota Crider has been with Paulding 4-H since 2007 as a 4-H'er and then an Adult Volunteer with us. Savannah and Emily are current High school 4-H'ers and are working on adding to their Project Achievement portfolios in the cooking category, so we have decided to make this year's cooking club a student based club. We want the students to have FUN while learning and hope for them to be able to make some recipes for you at home.

Our objective to teach the 4-H'ers;

- Kitchen Safety
- Food Safety
- Knife Skills
- Place Setting
- Nutrition
- Food Groups
- Healthy Eating
- Challenge Teams

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We will need to know if your child(ren) have any allergies?

What are there interests with cooking or baking?

What would you like your child to take away from this experience?

